COURAGE

HOME SCHOOL VALUES

This term we will be focussing in school on the value COURAGE. We hope your family will find these ideas helpful as you explore the value and have fun together.

TALK TOGETHER about Courage

Being **courageous** can mean different things to different people. For example, one person may think it easy to speak in front of a large audience, whilst another would need to find lots of **courage** to do this. Everyone faces challenges from time to time, and we have to find **courage** to overcome them.

Talk together about:

- The different challenges that each family member faces
- Who or what helps us find **courage**?
- Is there someone that we admire because of the **courage** that they have shown?

THINK TOGETHER Words of Wisdom

"**Courage** is not the absence of fear, but the willingness to overcome that fear."

Nelson Mandela

READ TOGETHER...

The Courage of David the Shepherd Boy

One day as David the shepherd boy was carrying lunch to his older brothers in the Israelite army he heard an angry booming voice thunder across the fields. "I am Goliath, and I dare you to pick someone to fight me."

The voice was coming from the Philistine ranks and went on taunting the Israelites and their God. As David grew closer he could see the giant Goliath strutting up and down. He could also see the terrified faces of King Saul and his soldiers. This made David very angry and more than a little ashamed. He decided he must go and see the king.

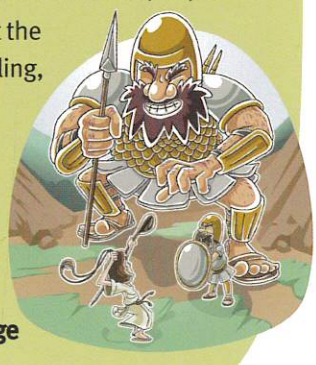
"I will fight that bully Goliath!" David announced.

It was all that King Saul could do not to laugh out loud. "You are just a boy David, a small boy. Goliath has been a mighty soldier all his life."

"But when the wild animals attack my father's sheep," protested David, "I fight them off with my sling and staff. I have killed many lions and bears and I will do the same to this wicked Philistine. Do not fear for God is on our side."

King Saul was taken aback. "Well, I suppose you should be given a chance. At least let me lend you some armour and a sword." But the armour was heavy and David was not used to it. He returned the armour to Saul and instead picked up five smooth stones from the stream and marched out **courageously** to face Goliath.

The giant laughed scornfully at the small boy and shouted curses at him. David did not flinch. "This very day you will be defeated and everyone here will see that the Lord does not need swords or spears to save his people."



As Goliath lowered his shield and aimed his spear at the boy, quick as a flash, David loaded a stone into his sling, spun it around above his head and sent it spinning through the air towards Goliath. The stone struck the giant on his forehead and he crumpled to the ground. Goliath was dead. There was a moment of stunned silence before the whoops and cheers from the Israelite army echoed around the hillsides. This was a day no-one would forget, when the **courage** of a shepherd boy saved a nation.

Bible story based on 1 Samuel 17

			A	P	P	B	E	D			
	F	O	R	E	H	E	A	D	F	H	
	B	I	G	M	I	M	L	R	O	T	
U	A	X	N	E	L	E	X	O	S	A	U
Q	R	K	I	V	I	J	T	N	A	I	G
C	M	B	L	H	S	Z	Y	S	J	L	S
P	O	N	S	S	T	R	U	C	K	O	C
Y	U	U	M	D	I	V	A	D	L	G	Z
H	R	I	R	J	N	W	T	D	M	V	K
	I	S	R	A	E	L	I	T	E	G	
	C	E	D	O	G	E	N	O	T	S	
			F	A	R	E	E	B			

QUIZ Wordsearch

Find the words from the story in the grid on Goliath's shield.

ARMOUR	BOY	DAVID
COURAGE	FOREHEAD	GIANT
GOLIATH	GOD	ISRAELITE
PHILISTINE	SHIELD	SLING
SOLDIER	STONE	STRUCK

FAMILY FOCUS & HOME-SCHOOL CHALLENGE

Children of Courage

Each year awards are presented to children throughout the country who have shown outstanding bravery and **courage** in overcoming huge challenges in their lives. (Google 'UK children of **courage** awards' to see some examples.)

Design a nomination for a child that you know and believe should be recognised for their **courage**. Remember, there are different kinds of **courage** and different ways of showing bravery.

The nominations will be displayed in the Challenge Gallery at school.

Example Nomination sheet



Name of child who has shown **courage**

.....

Has shown **courage** by .....

.....

This bravery should be recognised because .....

.....

.....

HALL OF FAME



Bravery v. Slavery

Harriet Tubman was born nearly 200 years ago in Maryland, USA. Her family were slaves which means that they had to work for the people who 'owned' them. Slaves had no pay and no rights and they could be bought or sold like property. As Harriet grew older she was afraid that she would be sold and sent far away from her family to work for strangers. She decided to try to escape. This needed great **courage** because Harriet knew that if she was caught she would be cruelly punished. After many adventures and with the help of kind people along the way, Harriet managed to escape to Canada, where slavery was banned.

It would have been safest for Harriet to stay in Canada and make for herself a comfortable and easier life, but she was determined not to forget her family and friends who still suffered as slaves in America. She made her way back and forth to Maryland not once, but *nineteen times*, facing great danger and showing amazing bravery as she helped slaves to escape to freedom. By the end of her life Harriet had helped to free around 300 slaves!

After her death Harriet received many honours for her bravery. A ship was named after her, and in 1995 the US government issued a postage stamp to celebrate her **courageous** life.

FASCINATING FACTS

In case of emergency – Dial 999

"Help...my house is on fire!"

"Help....there's been an accident!"

"Help.... burglars are breaking into the house over the road!"

- The emergency number, 999, was introduced in London in 1937.
- In an emergency, phoning 999 will connect you quickly to an 'emergency control centre'. An operator will ask which service you need, fire, ambulance or police. The operator will be able to track your call to discover where you are and soon help will be on its way.
- Firefighters, police and ambulance crew all risk their own lives on occasions to help other people who are in danger.
- Additional emergency services operate in some places such as mountain and cave rescue, coast guards, air sea rescue.
- Over 30 million 999 calls are made each year.
- About half of all calls are hoaxes. Not only do hoax callers break the law, they put people's lives in danger as it takes longer for real emergencies to be dealt with.

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FORGIVENESS

HOME SCHOOL VALUES

This term we will be focussing in school on the value FORGIVENESS. We hope your family will find these ideas helpful as you explore the value and have fun together.

TALK TOGETHER
about Forgiveness

Everyone makes mistakes, it's part of being human. Sometimes our mistakes hurt others and then we need to say sorry. Sometimes mistakes made by other people hurt us. When this happens we need to be able to **forgive**. **Forgiveness** can be difficult and costly but without it a new start is impossible.

Talk together about:

- A time when you needed to say sorry
- A time you didn't say sorry but wish you had
- A time when you had to **forgive** someone who had hurt or upset you
- How it feels when you are given a new start because someone has **forgiven** you

READ TOGETHER...
Zacchaeus the Tax Collector

Zacchaeus was a little man. He was a tax collector and had become rich by making others pay lots of money in taxes to the Romans and to him. He didn't have many friends.

When Zacchaeus heard Jesus was in town, he wanted to see him. But Zacchaeus was short and Jesus was always surrounded by a crowd. So Zacchaeus decided to run ahead of the crowd and climb a sycamore tree. From there he could watch for Jesus. As Jesus drew closer, he held his breath excitedly until Jesus stopped right beneath his tree. Jesus looked straight up at him! "Zacchaeus," said Jesus with a smile, "come on down. I want to stay at your house today!"

Zacchaeus hopped down. "You are welcome at my house, Jesus," he said with a huge grin.

But others grumbled, muttering to each other. "Why does Jesus want to go home with the rich, cheating tax collector? He isn't good enough for Jesus to come and stay at his house."

Zacchaeus heard what the people were saying about him and he wanted to put things right. He turned to Jesus and said, "Master, here and now, I promise to give half of my money to the poor. If I have cheated anyone in taxes, I will pay them back four times that amount."

Zacchaeus wanted to turn over a new leaf because Jesus believed that everyone deserved a new start and now Zacchaeus belived it too!

Bible story based on Luke 19:2-10

THINK TOGETHER
Words of Wisdom

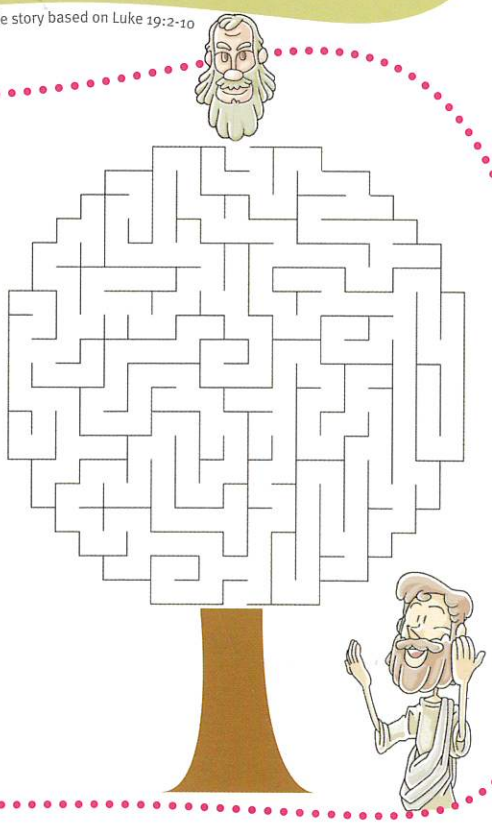
"Without **forgiveness** there is no future.... If you can **forgive**, then you can move on and even help the person you are forgiving to become a better person"

Desmond Tutu

QUIZ

Tree Maze

Help Zacchaeus find his way down from the top of the tree, to meet Jesus.



HOME-SCHOOL CHALLENGE

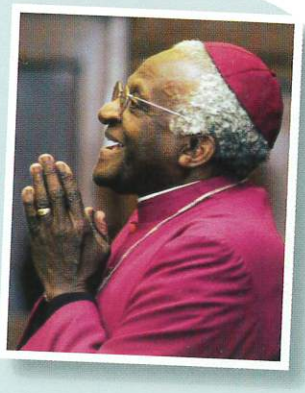
Maze

Design your own version of the maze tree in the story of Zacchaeus.

You can either draw it on paper or use other materials to create it. It's up to you! Take it to school to display in the Challenge Gallery.

HALL OF FAME

Desmond Tutu



Desmond Tutu was Archbishop of Capetown from 1986 to 1996. Throughout his life Desmond Tutu worked tirelessly against apartheid in South Africa. Apartheid was a system that treated people differently because of the colour of their skin. People who were non-white were not given the same rights in the country as white citizens. For example they had to live where the government told them to, they were not allowed to vote, had to use separate transport, go to different beaches and use separate sports facilities.

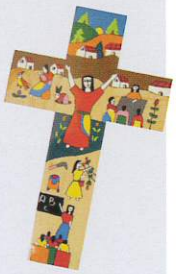
There was much violence and oppression in South Africa during the years of apartheid, and when it finally ended in 1992 some people were left feeling bitter and angry and wanting revenge. In order to give everyone a chance to talk about the things that had happened to them Desmond Tutu set up the 'Truth and Reconciliation Commission'. Many people who had behaved badly could hear from those they had hurt. There was the chance to say sorry and sometimes receive **forgiveness**. The Truth and Reconciliation Commission helped to provide an opportunity for a new beginning for South Africa, a chance to build what Desmond Tutu called a 'Rainbow Nation' in which everyone had the same chance in life no matter what the colour of their skin.

FASCINATING FACTS

Crosses across the world

The cross is a very special symbol for Christians it reminds them of Jesus' death on the cross whch brought **forgiveness** for the world.

Different shapes and designs of crosses reflect different traditions and communities across the world.



Maria Gomez was a Christian Primary School teacher in El Salvador. She angered the authorities in her country because she campaigned for the rights of poor people. Eventually she was murdered. Later a local artist was commissioned to paint a wooden cross with scenes showing her life and her work among the poor women in the rural villages of El Salvador.



The Celtic cross originates from Ireland. St Patrick described the circle on the cross as symbolising the endless love shown by Jesus. The cross is decorated with natural shapes and animals to remind us of God's creation.



The Black and White cross comes from South Africa and was designed during the time of apartheid. The Bible teaches that people are equal in God's eyes, no matter what their background or the colour of their skin.



The Jewish New Year Tradition

New Year for Jews normally falls during September. On the first afternoon of the new year, the festival of Rosh Hashanah is celebrated. Families visit a nearby stream, river or even the sea for the ritual of Tashlich (in Hebrew, the language in which the Jews' holy book the Torah was written, Tashlich means throw away).

After a celebration meal Jewish families gather left over breadcrumbs. These crumbs represent the words or deeds that each family member feels sorry about. When the crumbs have been thrown into the water, fish eat them or they are washed away. This symbolises the way that God **forgives** the bad things that people have done and washes them away so that there can be a fresh start for the New Year. During the ceremony the following words from the Torah are read aloud, "You (God) will again have compassion on us; you will tread our sins underfoot and hurl all our transgressions into the depths of the sea." Micah 7: 19

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FRIENDSHIP

HOME SCHOOL VALUES

This term we will be focussing in school on the value FRIENDSHIP. We hope your family will find these ideas helpful as you explore the value and have fun together.

TALK TOGETHER
about Friendship

Learning to be a good **friend**, someone who can be trusted and is loyal, takes a lifetime.

Talk together about how **friends** come in all shapes and sizes. Some are young, some are old. Some are always there, some we see only occasionally.

- How do we choose our **friends**?
- What makes a good **friend**?
- Are we a good **friend** to others?

READ TOGETHER...
Through the roof

Jesus reached a town called Capernaum and made his way to a house near the town gate. The crowd had gathered quickly and now even more people were pushing and squeezing into the small house, wanting to see him, hear him and touch him.

The excitement was infectious and four **friends** who lived in a street nearby soon heard the news. They met together and decided that they absolutely *had* to take their **friend** Joshua to Jesus. Joshua was paralysed and couldn't walk. They'd heard that Jesus performed miracles and could heal the sick. This was a chance they couldn't miss.

Wasting no time they carried their **friend** on his bed mat to the house, but jostling crowds blocked the doorway. They couldn't give up now. Their **friend** *must* meet Jesus. There was only one way. They carried him on to the flat roof of the house and carefully removed part of the roof to make a large hole.

Knotting ropes to the corners of the bed mat they gently lowered Joshua down right in front of Jesus. Imagine the surprise of all the people looking on. But Jesus smiled kindly at Joshua. "Take up your bed, and walk" he said. Slowly, falteringly and hardly daring to believe it was happening, Joshua stood and took a step forward. He could walk. He could actually walk! Thanks to Jesus and his **friends**, Joshua's life was changed forever!

Bible story based on Mark 2:1-12

THINK TOGETHER
Words of Wisdom

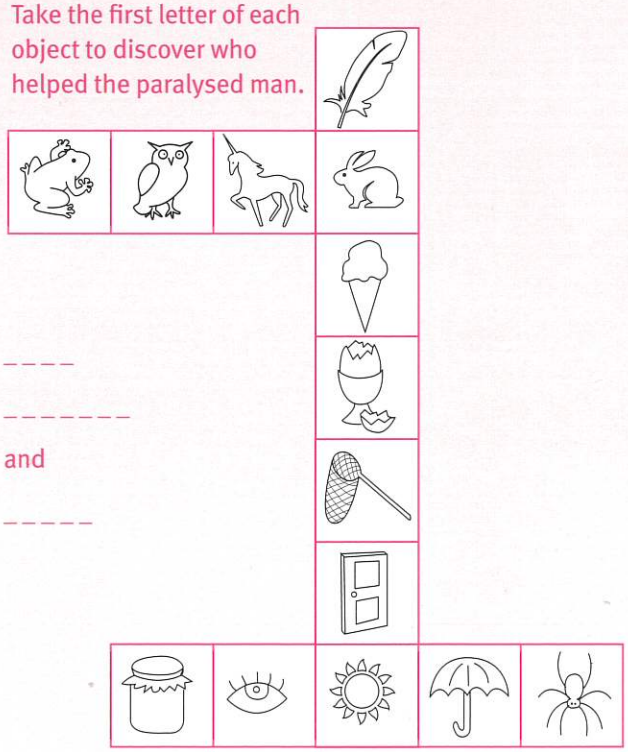
"A good **friend** is worth their weight in gold."

Anon

That's a lot of gold! Why do you think that this is such a popular proverb?

QUIZ
Picture puzzle

Take the first letter of each object to discover who helped the paralysed man.



____

_____

and

_____

FAMILY FOCUS
Friends of the Family

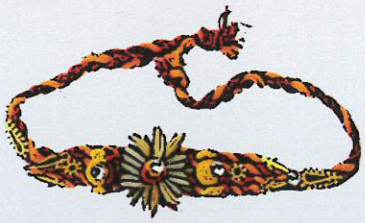
This term's family challenge is to make a card or present for someone who is a **friend** to your whole family. You could add a gift tag saying...



FASCINATING FACTS

Friendship Bands

Friendship bracelets are usually handmade and given to a special **friend**. According to American tradition you must wear the bracelet until the cords break and it falls off naturally. In this way you honour the love and hard work your **friend** put in to making it.



Raksha Bandhan

One special type of **friendship** bracelet is a Rakhi. Each year, normally in August, many Hindus mark Raksha Bandhan. The festival is a celebration of family life and in particular the relationship between brothers and sisters. They remember and talk about special times together, and think about loyalty, closeness, trust and their everlasting **friendship**.

- Traditionally sisters tie a sacred thread, a Rakhi, on to their brothers' wrists.
- In response the brothers give their sisters a gift promising to help them whenever the need arises and to always protect them.
- Celebrations continue throughout the day with gifts of sweets and special food as families enjoy the time they share together.

HALL OF FAME



A dog is a man's best Friend

Near the village of Beddgelert in North Wales is a beautiful sculpture of a very special **friend**.
According to legend, the monument marks the resting place of the faithful dog, Gelert, who once belonged to the medieval Welsh Prince, Llewelyn the Great. A tombstone tells the story of a fateful day when Llewelyn went out hunting leaving the faithful hound, Gelert, to guard his young son. On his return Gelert sprang to greet his master, but Llewelyn noticed some blood on his fur. He rushed inside his house. To his horror the first thing he saw was his son's cot. It was empty!

The frantic father turned on the dog, thinking he must have harmed the boy. He killed Gelert there and then with his sword. At that moment a child's cry rang out through the house. Llewelyn searched and discovered his boy unharmed, but nearby lay the body of a mighty wolf which Gelert had killed before it attacked the small child.

Prince Llewelyn is said never to have smiled again and with tears of sadness he buried Gelert in this place, which became known as "the grave of Gelert", or in Welsh, Beddgelert.



HOME-SCHOOL CHALLENGE

Use your imagination to make the best **friendship** bracelet ever – using knotting, threading beads, twisting ribbon, whatever you can think of. The more original the better!

or, if you prefer...

make your own large version of the picture puzzle (over the page), joining 5 or 6 words about **friendship**. Either draw pictures or cut them out of magazines.

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HOPE

HOME SCHOOL VALUES

This term we will be focussing in school on the value HOPE. We hope your family will find these ideas helpful as you explore the value and have fun together.

TALK TOGETHER
about Hope

The value **hope** is about much more than just wishing as hard as we can that things will be different. It is about believing that the world can be better and being prepared to do something!

The character Noah in the story opposite, was willing to look silly in front of his neighbours by building a huge boat even though he lived miles from the ocean, because he **hoped** and believed that God had a plan. As a family you may want to talk about:

- your **hopes** and dreams for the future
- what you can do to make them happen
- what others need to do

THINK TOGETHER
Words of Wisdom

"Learn from yesterday, live for today, **hope** for tomorrow"

Albert Einstein

READ TOGETHER...
God's Special Promise

The world that God had made was a beautiful, colourful place – brimming with life and bursting with good things. It was his precious gift given with all his love. God **hoped** that people would care for it and care for each other but now they were doing just the opposite! They were quarrelling, fighting, and spoiling everything. God saw that there was only one thing to do; to begin all over again.

But God also saw that not everyone on the earth was wicked. There was one man and his family trying to do their best to look after the world and to look after each other and to listen to him. The man's name was Noah. God told Noah to build an ark – a huge, magnificent boat. Noah was mystified because he lived miles from the ocean and was not sure why he would ever need a boat. As word got around about the enormous boat Noah's neighbours made his life miserable with their taunts and jibes. Sometimes Noah was tempted to lose **hope**, but he knew from experience that he could trust God for the future, so he and his family kept on building.

When the work was finally finished God told Noah to gather two of every kind of creature as well as all his family together and set up home in the ark. It took a long time but Noah had to just keep on trusting God. And then the first raindrops began to fall, followed by showers, then torrents and finally floods. On and on it rained for forty days and forty nights. When Noah was beginning to lose **hope** of ever seeing the sun again, the rain suddenly stopped. Noah sent out a dove and when it did not return he knew that the bird had found dry land on which to build a nest. They were safe at last!

And then a wonderful thing happened. God sent a rainbow - a beautiful, colourful bow in the sky. It was a sign of **hope** and promise. The world had been washed clean, and was all ready for a new beginning.

Bible story based on Genesis 6.1-9.17

QUIZ
Word Search

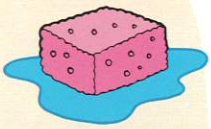
Find the words from the story of Noah. 12 creatures are also hidden in the word search. They were on the boat!

NOAH
ARK
BOAT
BUILD
CREATURE
DAYS
DOVE
FLOODS
GOD
FORTY
HOPE
NEST
PROMISE
RAINBOW
WORLD

P	R	O	M	I	S	E	T
A	A	C	G	K	D	U	P
R	I	B	F	R	O	G	J
R	N	J	H	G	O	D	D

L	Q	R	O	B	O	A	T	L	E	K	A	N	S
G	O	A	T	O	U	A	M	F	O	R	T	Y	T
D	L	R	O	W	Z	I	H	O	P	E	D	T	S
P	M	K	C	A	M	E	L	X	N	E	L	F	E
O	L	I	O	N	E	V	O	D	S	K	E	O	N
E	R	U	T	A	E	R	C	A	R	B	E	Z	M
V	X	A	Y	G	I	R	A	F	F	E	B	Y	W

FAMILY FOCUS

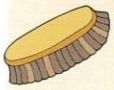


Making a difference

There are some household jobs that no one really enjoys doing.

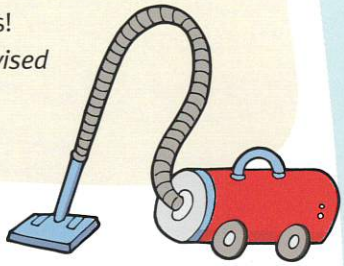


- Which is the least popular household job? Who normally ends up doing it? Perhaps different members of the family could take it in turns doing this job for a fortnight!



- Go on a family litter picking walk to help clean up a part of your neighbourhood. Don't forget to wash your hands afterwards!
Litter picking should be supervised by an adult.





Maundy Money



The name "Maundy" which we use today comes from the Latin word *mandatum*, which means 'to love and serve'.

Each year on Maundy Thursday churches across the world remember Jesus' last supper with his friends before he died. At this special meal Jesus wanted to show his disciples how they should lead their lives – by serving the needs of others. In those days it was usually the job of the most lowly servant in the household to wash the feet of visitors who had travelled on foot along the dirty, dusty roads. At the last supper, Jesus himself **humbly** took water and a towel and washed the feet of each one of his friends.

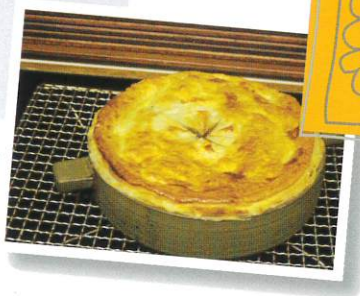
In the Middle Ages, English kings and queens followed Jesus' example and washed the feet of beggars, to show that in God's eyes everyone is equal. They also gave gifts and money to the poor.

The monarch carries on this tradition. On Maundy Thursday each year a different cathedral is visited and during a special church service Maundy money is distributed to people who have **humbly** and selflessly served their local communities in practical ways.

FASCINATING FACTS

Have you ever heard the saying to 'eat **humble** pie'?

- When someone 'eats **humble** pie' it means they have to admit to being wrong and sometimes give an apology.
- The phrase has been around for six centuries (600 years)!
- Back in the 15th century the tastier, more expensive cuts of meat were usually only eaten by rich people and were often roasted.
- The offal (liver, kidneys, heart, sweetmeats) was considered poorer quality meat and known as 'umbles'. It needed to be cooked more slowly and was often used in pies.
- The poorer people therefore made Umble Pie. Over time the pie became known as **humble** pie.



HALL OF FAME

Think of someone in your school community who works behind the scenes to make everything run smoothly. Draw his or her portrait in the frame.

Take it to school to display in the Challenge Gallery.



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HALL OF FAME

Lady Justice



Lady **Justice** is one of the most famous landmarks in London. It is a bronze statue that stands on the domed roof of the Old Bailey. This building houses the central criminal courts where people who are accused of breaking the law are tried by a judge and jury to find out if they are 'guilty' and should be punished or 'not guilty' and can go free.

Lady **Justice** was designed to be a symbol of **justice**: in her left hand she carries the scales of truth and fairness and in her right hand a double edged sword representing the power of reason and **justice**.

FAMILY FOCUS

Making a new law

New laws are passed every year by the government.
Ask each member of the family to think of a law which they think the government should pass.
Talk about your ideas and how your new law would make a difference.

FASCINATING FACTS



The World Village

If the world was a village, with 100 people living in it:

- 61 people would come from Asia, 13 from Africa, 13 from the Americas, 12 from Europe and 1 from Australasia
- 26 of the people would be under 15 and just 8 of them over 64
- half of the people would speak one of just 8 languages – and the most common language would be Chinese
- 82 village people have access to safe drinking water
- 17 people would not be able to read or write
- 53 villagers would have less than £1.30 a day to live on
- there would be 18 cars, 15 computers, 61 mobile phones

Talk with your family about ...

- what you find surprising about these statistics
- what we take for granted in our lives that many people live without
- what you think is un**just**
- what you think could be done to make the world a more **just** place for everyone

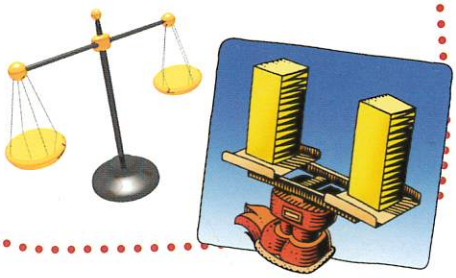
* Takenrom 2012 statistics inspired by © If the World Were a Village by David J. Smith, 1990.

HOME-SCHOOL CHALLENGE

Design a weighing machine

Before electronic weighing machines were invented, scales often had two pans that were balanced when each held an equal weight.

Design and make a simple balance from junk materials that can weigh small objects.



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PEACE

HOME SCHOOL VALUES

This term we will be focussing in school on the value PEACE. We hope your family will find these ideas helpful as you explore the value and have fun together.

TALK TOGETHER
about Peace

In school, children will have been learning about different kinds of **peace** including **peace** that comes when it is quiet, the things that make for **peace** of mind and the qualities of a **peacemaker**. In this issue of Home School Values, we will be focussing on the last of these.

All families have disagreements and arguments from time to time.

- What are the things that cause members of your family to fall out?
- Are there particular times of the day that arguments happen?
- How do each of you feel inside at these times?

THINK TOGETHER
Words of Wisdom

"You cannot shake hands with a clenched fist"
Golda Meir/Indira Gandhi

READ TOGETHER...
David Tries To Make Peace With King Saul

King Saul knew that he needed to keep an eye on young David. He had killed the giant, Goliath, and now people were saying that David should be king. David was a gifted musician and so Saul asked him to come and live in his palace and play soothing music to him when he was in a rage.

David became more and more popular and a good friend of Saul's own son Jonathan. Saul became more and more angry and jealous. Finally one day, as he watched David **peacefully** playing his harp Saul's fury erupted and he threw a spear at David narrowly missing him. David knew he must escape from Saul's palace and with Jonathan's help, he fled into the desert. Before long, hundreds of followers joined David. Saul was furious and, with 3000 of his finest soldiers, set out to hunt David down and kill him.

One day Saul and his men stopped by a huge cave. Saul went into the cave alone or so he thought! In fact, David and his friends had been resting in another part of the cave and when they saw Saul, David's men whispered, "This is your chance David. God has delivered Saul into your hands to deal with as you please. Let's kill him at once." David ordered his men to stay back while he crept forward and taking his knife from his belt, instead of killing Saul he simply cut off a corner of the king's cloak.

As Saul left the cave, David called after him, "My King, why do you think that I want to harm you and cause a rebellion? Look, here is a piece of your cloak! I could have killed you but I wish for only **peace** between us."

Saul was overcome with sadness for what he had done. "May the Lord reward you richly for the way you have treated me today. I know now that one day David you will indeed be king."

Bible story based on 1 samuel 24

QUIZ

Spot the difference

Can you spot the eight differences?





FASCINATING FACTS



The Nobel Peace Prize

Alfred Nobel was a 19th century Swedish inventor and engineer. He invented dynamite, which was used to destroy many things! Perhaps because of this, in his will, Nobel left money and instructions to award five special prizes each year. He said that one of these, the Nobel **Peace** Prize, should be given to a person, or group of people, who had done the most or best work to promote **peace** between nations.

- The Nobel **Peace** Prize is presented in Oslo on 10th December each year by the King of Norway
- The winner is given a diploma, a medal and over 1 million US dollars to carry on their work

FAMILY FOCUS

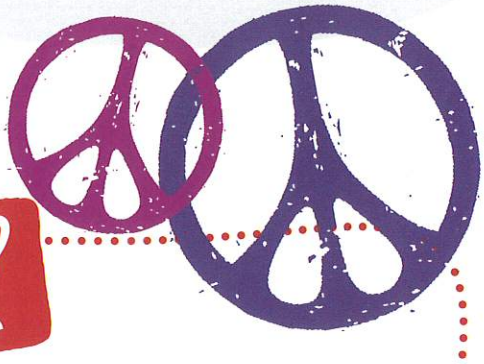
Becoming Peacemakers

'Peer Mediation' is a scheme often used in schools to train teams of children who volunteer to help settle disputes in the playground. Some of the guidelines in the training include the following strategies:

- Listen carefully to both sides
- No interrupting
- No accusations
- List problems to be sorted out and then work through them

How do you resolve disagreements in your household? List one 'top tip' from every member of the family.





HOME-SCHOOL CHALLENGE

Create an Acrostic for the word **Peacemaker**

A good **peacemaker** is.....

P repared to listen

E ven-handed with everyone

A lways fair

HALL OF FAME



Rigoberta Menchu

Very few people had heard of Rigoberta Menchu when it was announced that she had won the Nobel **Peace** Prize in 1992. However, Rigoberta was one of the bravest women ever to have been awarded this prestigious prize. She was born in 1959 into a Mayan Indian family who lived and worked in Guatemala. The Mayan people were treated cruelly by the government and the army in Guatemala. The Menchu family were Christians and they believed it was their duty to fight against such injustice. The family learnt Spanish from the local priests so they could stand up for the rights of their people. One by one the members of the family were killed in the most dreadful way by the government soldiers, first Rigoberta's 16 year old brother, then her father because he was a union leader and then finally her mother. Rigoberta knew she would be next, so she escaped to Mexico where she wrote her life story and made a film about the bad things happening in Guatemala. Rigoberta continued to stand up against injustice and for more than twenty years worked as a UNESCO Goodwill Ambassador to promote a culture of peace and protect the rights of people to live in their own country.

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PERSEVERANCE

HOME SCHOOL VALUES

This term we will be focussing in school on the value PERSEVERANCE. We hope your family will find these ideas helpful as you explore the value and have fun together.

TALK TOGETHER
about Perseverance

Teachers often say that **perseverance** is something that many children find difficult.

Very little that is really worthwhile in life can be achieved without **perseverance**. An athlete may train for years before they are ready to compete at the highest level. A musician must practice every day, sometimes for hours at a time, if they are to really master their instrument.

- How would each family member rate themselves on a scale of 1 - 10 at **perseverance**?
- Can you give an example of something you have achieved by determined **perseverance**?
- Is there a skill that you think you could improve with **perseverance**?

READ TOGETHER...
The Widow Who Never Gave Up

There was once a judge living in a town just like this one, said Jesus to the crowd of people who were listening to him and hanging on his every word.

This judge did not care much about God or justice. The crowd muttered to one another and smiled knowingly, they all knew judges like him! A poor widow, called Sarah, lived in the same town. She was being treated badly by her neighbour who was making her life very difficult indeed.
Sarah went to the judge to ask him to hear her case and give her justice.

At first the judge tried to ignore her. Silly old woman he thought. Why won't she leave me alone. Doesn't she realise that I have more important things to deal with?

But Sarah **persevered**. You are my only hope she told the judge. You must help me. Day after day she went to see him.

In the end, the judge was so exasperated that he thought to himself I will never get a minutes peace unless I help this old woman.

Finally he let her explain to him the problems that she was facing and agreed that Sarah's neighbour was indeed behaving very badly and must be made to stop at once. Sarah's **perseverance** paid off and eventually she got the justice she deserved.

So keep **persevering** and keep praying said Jesus to the crowd.

Bible story based on Luke 18:1-8



QUIZ Wordsearch

PERSEVERANCE
DAY
HELP
HOPE
IGNORE
JUDGE
JUSTICE
KEEP
NEIGHBOUR
PROBLEMS
SARAH
WIDOW

R	X	W	U	E	E	G	D	U	J	K	O
O	S	M	E	L	B	O	R	P	N	F	F
C	N	E	I	G	H	B	O	U	R	R	W
F	E	C	I	T	S	U	J	K	R	A	B
P	N	C	Q	Y	N	V	P	H	E	T	S
P	E	R	S	E	V	E	R	A	N	C	E
B	H	O	P	E	S	P	A	P	Z	C	F
L	W	Y	A	D	S	A	E	T	L	H	V
L	M	R	U	S	U	F	R	E	I	E	H
B	G	A	W	T	Q	A	D	A	K	I	H
J	W	O	D	I	W	X	N	V	H	S	R
P	I	G	N	O	R	E	L	A	F	E	J

THINK TOGETHER
Words of Wisdom

"If at first you don't succeed try, try and try again."
W.E. Hickson

FAMILY FOCUS

The Perseverance Challenge

Ask each member of the family to write (on identical pieces of paper) a challenge that will require **perseverance** to complete. Fold the paper 4 times and place it in a bag with the others. Invite each person to place their hand into the bag (whilst looking the other way) and pick out a challenge which they have one week to complete. (Think carefully about the challenge you set and if possible make it a worthwhile and useful thing to do).

HOME-SCHOOL CHALLENGE



Mosaics are one of the oldest ways to make art. People have been arranging tiny coloured pieces of glass or pottery for thousands of years to create beautiful designs. But the process is time consuming and needs lots of **perseverance**. This term's Home-School Challenge is to make a mosaic picture (no bigger than A3 – 29x42cm) using small pieces of coloured paper. The subject of your mosaic is up to you. It could be a pattern or a picture.

All the pictures submitted will be displayed in our school Challenge Gallery.

HALL OF FAME

Prince George

Prince George, later to become King George VI, had always been shy and had developed a stammer, which meant he could not speak for very long without struggling to say the words he wanted to say.

His elder brother, Edward, was very different. He was confident, loved to be the centre of attention and was destined to become King of England.

But soon after the coronation, King Edward announced that he was going to abdicate – to give up being king. His younger brother would now become king in his place. George was horrified! He felt sick with fright. Now he would be expected to deliver speeches and give radio broadcasts to millions! How would he be able to do this with his dreadful stammer? But George knew that it was his duty to serve his country.



He knew that he must overcome his fears and do his very best. He employed an Australian speech therapist to help him and with **perseverance** and great courage George was able to face the challenges ahead. When war was declared in 1939 King George gave a famous speech. He comforted and encouraged his people and won everyone's respect because they knew how brave he was being.

FASCINATING FACTS

Perseverance in the Natural World

Many birds show remarkable **perseverance** as they build their nests, piece by piece often in cold, wet and windy weather and at risk from predators.

The long-tailed tit is just one example. Weighing just 9g, this little bird takes 3 weeks or more to build a nest. The oval shaped nest is made from moss, cobwebs and hair, covered on the outside with lichen and lined with up to 2000 tiny feathers!



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RESPECT
HOME SCHOOL VALUES

This term we will be focussing in school on the value RESPECT. We hope your family will find these ideas helpful as you explore the value and have fun together.

TALK TOGETHER
about Respect

We are learning at school about the importance of treating others with **respect** even if we sometimes do not agree with the way they behave or the things they say. We have also been thinking about how we should treat the things that belong to us and to other people **respectfully**.

- Think of some practical ways that you show **respect** to each other in your family.
- Often we show **respect** to someone by the way we speak to them. What does this mean in practice?
- Do you treat one another's possessions with **respect**? What does this mean in practice?

THINK TOGETHER
Words of Wisdom

"Respect - to get it you must give it"
Anon

READ TOGETHER...
Moses and the Burning Bush

Moses led the sheep across the dry and dusty desert to Sinai, God's holy mountain. But in the stillness of the wilderness, while the sheep were grazing, Moses' thoughts were never far from the plight of his people the Israelites, who were suffering at the hand of the cruel Egyptian king. Moses had left Egypt years ago. He felt guilty and wished he could help his people, but what could he do? He was not brave, he was not a **respected** leader. Who would listen to him?

And then in the distance Moses noticed something very strange. A desert bush was on fire. The flames licked hungrily around the branches and yet, strangely, the bush did not burn up. He drew closer and as he did so, he clearly heard a voice call to him from the bush, "Moses, Moses!" "Yes, here I am" stammered Moses. "Take off your shoes", said the voice, "for you are standing on holy ground." Reverently, Moses untied his sandals and fell to his knees. "I am the Lord God of your ancestors and I have seen how my people suffer under Pharaoh. I have heard them call out to me to rescue them and now Moses, I am sending you to lead them to freedom." "But I am nobody, I am nothing. How can I go to the king and expect him to **respect** a simple shepherd? How can I ask him to let the people go?" But God replied, "Do not be frightened, I will be with you." "But what if the people will not listen to me?" said Moses. "What do you have in your hand?" "A stick." Moses replied. "Throw it on the ground." Moses did as he was asked. To his astonishment the stick turned into a writhing, angry snake. "Now bend down and pick it up by the tail." Nervously, Moses did as he was asked. Immediately, the snake once more became a stick. "When you perform this miracle," said God, "the people will believe that I have sent you. Take the stick with you for with it you will perform great miracles. Now go and do as I have commanded."

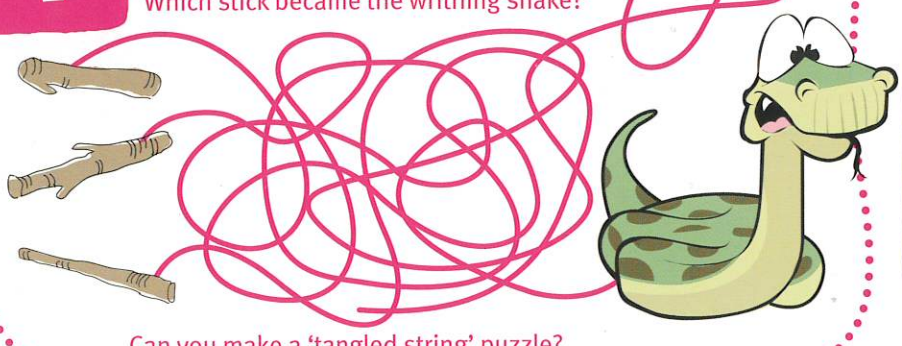
And so it was that on that ordinary day an extraordinary adventure began for Moses and for the people of Israel. It was a story that the world would never forget.

Bible story based on Exodus 3,4



QUIZ Tangled Strings

Which stick became the writhing snake?



Can you make a 'tangled string' puzzle?

An American Indian Tale

Adahy was a good father and as his young son, Kuruk, grew up he proudly taught him all that he knew. In time, Kuruk married and brought his new wife to live in Adahy's home.

Soon they had a baby son, Elan. As Elan grew older his grandfather, Adahy, began teaching the young boy all that he knew and Elan learned to **respect** the forest, it's animals and all the different plants. As years passed by Elan's mother begrudged sharing her home more and more with the old man until in anger one day she told her husband that Adahy must leave.

Kuruk was horrified, "I can't make him go, this is his home and he built it for us." Angrily his wife replied "If you do not make the old man go then I will be off and I'll take our son, Elan, with me."

Kuruk knew he had been left with no choice, but he felt so guilty he couldn't bring himself to tell the old man himself. Instead he told Elan to take his grandfather far away, deep into the forest and leave him. "Give him this blanket to keep him warm", he said. Elan was horrified. "But I love and **respect** Grandpa. He has taught me all that I know. How can I do such a thing?"

His father replied, "Elan, just do as I've asked."

So the next morning, thinking they must be going hunting, Adahy followed Elan deep into the forest. When the old man could walk no further and stopped to take a nap, the boy, with tears streaming down his face turned back and left Adahy sleeping.

That evening as Elan returned, Kuruk and his wife saw the blanket. Elan explained, "I gave Grandpa half of the blanket. The other half, I will give to you some day."

His mother and father understood the message. They went straightaway and fetched Grandpa.

HOME-SCHOOL CHALLENGE

Who do you respect?

Draw or paint a picture of your chosen person and make a frame to surround it. On the reverse give 5 reasons why this person is worthy of special **respect**. The picture can then be hung in the school Challenge Gallery.

FAMILY FOCUS

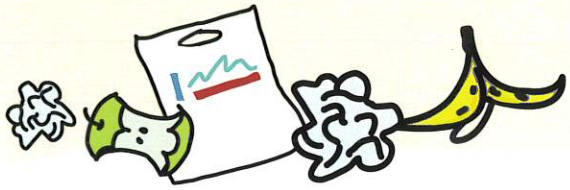


Respect Detectives

It is important to show the same **respect** to other people that we would wish to be shown to us. It is also important to **respect** the built environment as well as the natural world. Go on a family walk in your village or town. Look around for signs that people **respect** the places where they live by looking after property and public spaces.

- Can you see any graffiti?
- Do dog owners clean up after their dogs?
- Do you notice litter anywhere?
- Are public facilities left clean and tidy – ie benches, telephone kiosks, toilets?

Write to your local council to let them know the results of your survey.



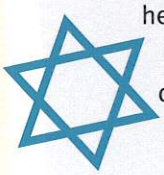
FASCINATING FACTS

Religious communities often treat their holy books with great reverence and **respect**. They believe the holy book contains God's teaching.

- Christians believe that the Bible is God's word to his people. They show **respect** and reverence by treating the Bible carefully. In some churches the Bible has a special stand called a lectern, from which it is read during worship.



- Orthodox Jewish men wear a kippah to cover their heads, as a sign of humility and **respect** towards God. The Torah scrolls are kept in a closed cabinet called an Ark and when reading them a pointer, yad, is used to follow the script so that the scrolls are not touched by hands.



- Muslims keep their holy book, the Qu'ran, covered and in a clean place, not on the floor nor with anything placed on top. To show **respect** and reverence they only handle the book with clean or gloved hands.



- Sikhs cover their heads and remove their shoes before going into a room housing their holy book, the Guru Granth Sahib. To show **respect** and reverence nobody sits higher than the Guru Granth Sahib and no alcohol is ever taken into the room.



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THANKFULNESS

HOME SCHOOL VALUES

This term we will be focussing in school on the value THANKFULNESS. We hope your family will find these ideas helpful as you explore the value and have fun together.

TALK TOGETHER
about Thankfulness

'Count your blessings' is an old saying, but it reminds us to be **thankful** and not take things for granted.

As a family you may like to talk about

- Remembering to let other people know when you are **thankful**
- Not taking things for granted
- Practical ways of showing gratitiude
- How it feels when someone **thanks** *you*!

THINK TOGETHER
Words of Wisdom

"God gave you a gift of 86,400 seconds today.
Have you used one to say **thank** you?"
Anon

READ TOGETHER...
The Man Who Came Back

Jesus was travelling along the dusty roads towards Jerusalem. At each village he was welcomed by people, happy to see him and listen to his teaching. But today, as he entered the village he saw in the distance a small group standing apart from the crowd. They were calling out, "Jesus, Master, help us, please make us well." These poor people had a disease called leprosy. They were terribly ill and no-one in the village wanted to go near them.

But Jesus didn't ignore them. He stood among them and prayed for them. As each of them went on his way they began to notice that their whole bodies were healing up. They were so excited that they immediately rushed off to share their good news. Well, nine of them did. The tenth turned and fell on his knees in front of Jesus and **thanked** him for what he had done.

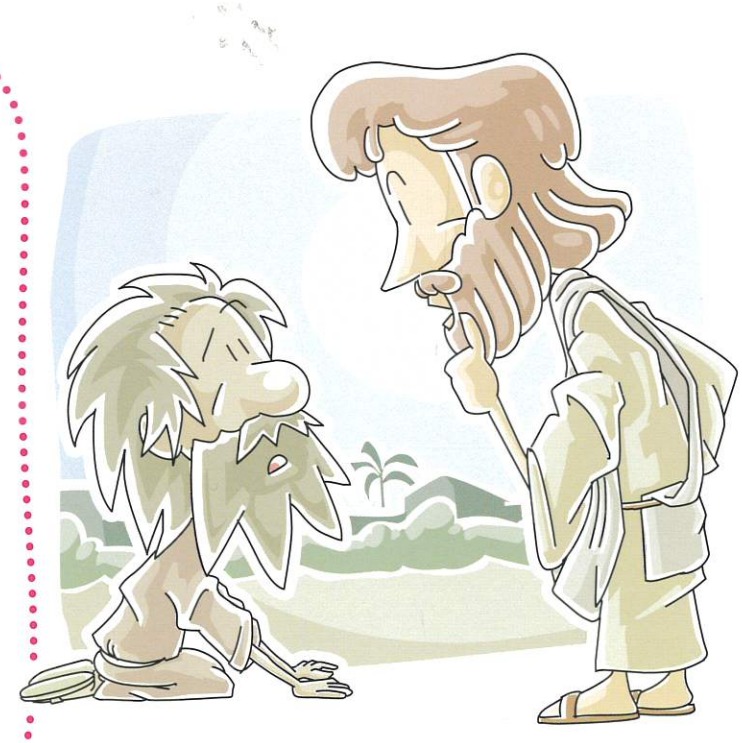
"I healed ten people with leprosy today", said Jesus to the man. "Where are the others?". But then he smiled "Well at least you came back to say **thank** you!".

Bible story based on Luke 17:11-19

QUIZ
Jumbled Words

Unjumble the words (that are known as anagrams), to discover words from the story.

r sleep	_ _ _ _ _ _
per day	_ _ _ _ _ _
net	_ _ _
sly rope	_ _ _ _ _ _ _
heed al	_ _ _ _ _ _
had kent	_ _ _ _ _ _ _
sue js	_ _ _ _ _



FASCINATING FACTS

Have you ever thought about how many people we have to **thank** for some of the everyday things that we take for granted? For example the milk we drink.

Thank you Mum & Dad for buying the milk ,

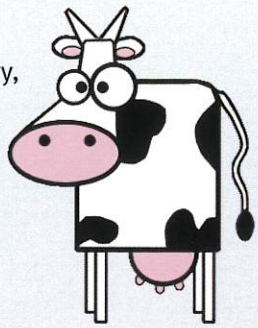
Thank you supermarket workers for stacking the shelves and operating the cash tills,

Thank you lorry driver for bringing cartons of milk to the supermarket,

Thank you workers in the packaging factory,

Thank you milk tanker driver for collecting the milk from the farms and bringing it to the factory,

Thank you farmers for milking the cows.

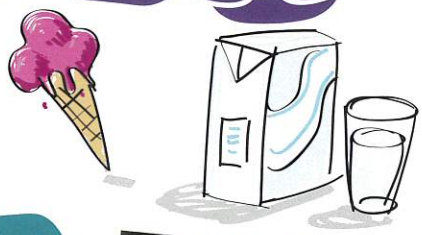


HOME-SCHOOL CHALLENGE

Thank you chain

Think about how an everyday item reaches you: Where does it come from? Who was involved in making it? Who should you thank?

Make a **thank** you chain and bring it to school to hang in the Challenge Gallery.



HALL OF FAME



Laura Trott Track Cyclist

At the age of just 20 Laura won two gold medals in Track Cycling at the London 2012 Olympics. Then four years later in Rio, she won another two, making her the first British woman in any sport to win four Olympic gold medals.

It wasn't easy – as a child she suffered from asthma but enjoyed and competed in trampolining until she had to give up due to breathing problems. Then as a young teenager she took up cycling and at 17 won a junior title racing in the British championships.

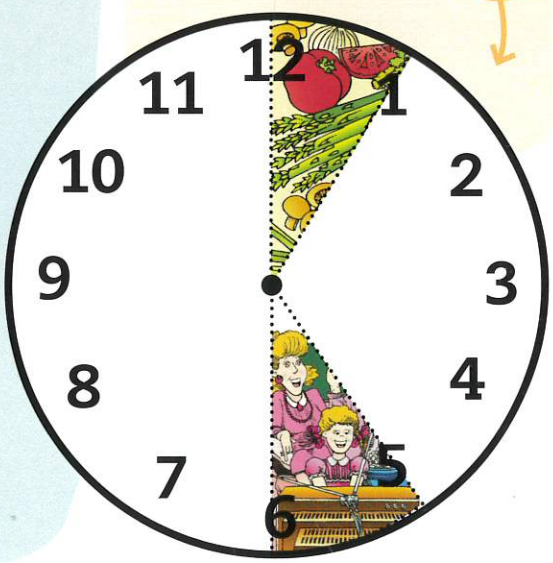
Her inspiration to train and succeed as a cyclist came from a meeting with Sir Bradley Wiggins for which she will always be **thankful**. She chatted to him and wore his gold medal for a few moments. It felt amazing!

After her success in the Rio 2016 Olympics, Laura talked about her training programme – it is not just her hard work that brings success. She really is **thankful** for the whole team - managers, coaches, doctors, mechanics, therapists and so many more people - who encourage, motivate and support her.

FAMILY FOCUS

Time to say "Thank you"

Draw a clock face for your family to fill in together.
Choose one day and ask every one to think, as the hours tick by, about one thing in each hour that they would like to say **thank** you for.
Draw a picture of what you are **thankful** for in each segment.



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TRUTHFULNESS

HOME SCHOOL VALUES

This term we will be focussing in school on the value TRUTHFULNESS. We hope your family will find these ideas helpful as you explore the value and have fun together.

TALK TOGETHER
about Truthfulness

'I promise to tell the **truth**, the whole **truth** and nothing but the **truth**, so help me God'

In a court of law a witness swears an oath on the Bible or another sacred text, but sometimes in everyday life people find it more difficult to be **truthful**.

Talk together about occasions when complete honesty could cause trouble or be hurtful. For example:

- When a member of your family asks you if you like their new shoes
- When telling the **truth** will get your friend into trouble
- When someone asks what you are thinking but the answer would hurt their feelings

THINK TOGETHER
Words of Wisdom

"To be **truthful** with others, you must first be **truthful** with yourself"

Anon

READ TOGETHER...
A Day That Changed Everything

It began just as any other day.

Peter the fisherman was mending his nets as he always did.

But then Peter met Jesus. On that ordinary day his life was changed for ever.

Peter was to actually *see* Jesus heal people who were ill, make blind people see again, and turn 5 loaves and 2 fish into a feast for 5000!

Peter became Jesus' follower and friend. "I will do anything for you" he said to Jesus. "Just say the word!"

"One day you will tell people you never knew me" said Jesus, "and then a cock will crow."

"No" shouted Peter "Never, Never, Never!"

Sure enough, life for Jesus did become difficult - difficult and dangerous.

The day came when Jesus was on trial for his very life. He needed his friend to stand by him. But Peter said "I don't know him, I never knew him, I never saw him before."

And at the end of the day a cock crowed.....just as Jesus had said it would.

Jesus was sentenced to death and crucified, even though he had done nothing wrong.



But death could not defeat God's Son! Three days later Jesus was alive again and went to find his friend, not to blame him but to forgive him.

It was a new day and Peter had another chance.

Everything was different!

Bible story based on Luke 5: 1-11; Luke 22:54-62; John 21:15-19

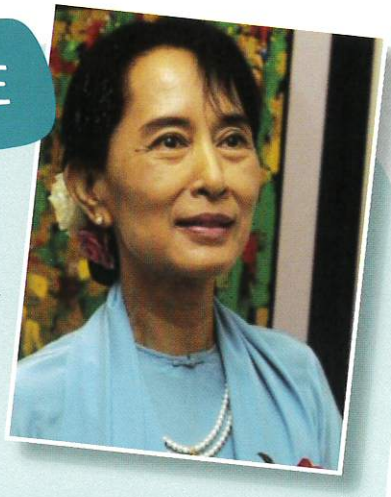
QUIZ
Words in the Fishing Net

Pair letters from the net together to make words from the story.
You could colour matching halves...

For answers, see reverse.



HALL OF FAME



Aung San Suu Kyi

For many years the nation of Burma was ruled by their ruthless army which refused to allow the ordinary citizens to have free elections to choose their leaders. If Burmese people spoke openly about politics they were thrown into prison or even killed. But a tiny brave woman called Aung San Suu Kyi refused to be silent about the **truth** of what was happening in her country. She campaigned openly but peacefully in the streets and around the world for Burma to have free elections. For this the army put her under house arrest, keeping her prisoner in her own home for 20 years! Whilst under arrest she was awarded the Nobel Peace Prize for being 'an outstanding example of the power of the powerless'

In 2010 Aung San Suu Kyi was finally freed by the army just after free elections were held in Burma for the first time. On her release thousands of people gathered to welcome and thank her for standing for **truth** and democracy and helping to bring about change in Burma.

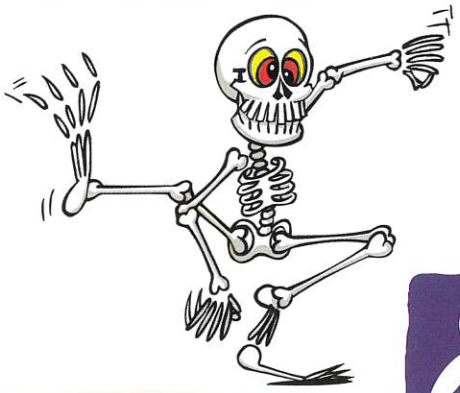
HOME-SCHOOL CHALLENGE

Truth be Told

If you could ask a famous person (from history or alive today) to answer a question about themselves what would it be? For example,
An Olympic medal winner – Have you ever been tempted to cheat? What made you decide that it was best to be honest?

Aung San Suu Kyi - Was there ever a time when you felt like giving up your campaign in Burma?

Make a colourful question mark and write your question on it to take into school to display in the Gallery.





FAMILY FOCUS

The human body is probably the most complex machine on earth. But do you know what your body is made of, how it moves and how all the parts work together?

See if you can answer these questions correctly.

a. Your brain is made up of - 20%, 50% or 80% water?

b. Taking a step forward uses - 30, 100 or 200 muscles?

c. A single blood cell takes ½, 1 or 4 minutes to make a complete circuit of the body?

d. An adult has 158, 206 or 278 bones in their body?

e. A finger nail takes 3, 4 or 6 months to grow from base to tip?

FASCINATING FACTS... ...ABOUT US

Humans and giraffes have the same number of bones in their necks.

You can't tickle yourself.

You can't keep your eyes open when you sneeze.

Overnight while you sleep you grow nearly 1 cm, but you shrink again next day.

The length from you wrist to your elbow is the same as the length of your foot.

In 30 minutes an average person gives off enough heat to bring over 2 litres of water to the boil.

Answers to Quiz: JESUS PETER HEAL LOAVES FISH NETS COCK ALIVE
Answers to Family Focus: a 80, b 200, c 1, d 206, e 6

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SERVICE

HOME SCHOOL VALUES

This term we will be focussing in school on the value SERVICE. We hope your family will find these ideas helpful as you explore the value and have fun together.

TALK TOGETHER
about Service

Jesus was called the 'servant king'; his mission was to **serve** God and to **serve** all those people he met, through his teaching, his example and the way he led his life.

Who are the unsung heroes who **serve** us?

- at school
- at home
- in our clubs

How do you **serve** others?

- at school
- at home
- in your clubs

THINK TOGETHER
Words of Wisdom

"There is more happiness in giving than receiving"

The words of Jesus recorded in Acts 20.35 - The Good News Bible

READ TOGETHER...
Queen Esther serves her people

When King Xerxes, the ruler of the mighty land of Persia, was looking for a wife, Mordecai immediately thought of his cousin, the wise and beautiful Esther. Mordecai's family was Jewish, but he warned Esther not to tell anyone about this as he knew that there were powerful people in the land who hated Jews. Mordecai took Esther to the palace gates to be presented to the king, and, sure enough, as soon as King Xerxes saw Esther he fell in love with her, and the humble Jewish girl became a queen.

Mordecai often sat by the palace gates hoping to hear snippets of news about his cousin. For some time, all seemed well. But Haman, a wicked and powerful man in the court of King Xerxes, became angry with Mordecai because he would not bow down and honour him. Haman hatched a cunning plan. He began to tell the King bad things about the Jews living in his land and eventually he persuaded Xerxes that all the Jews should be killed. Queen Esther was beside herself with grief. She loved her people very much but felt powerless to help them.

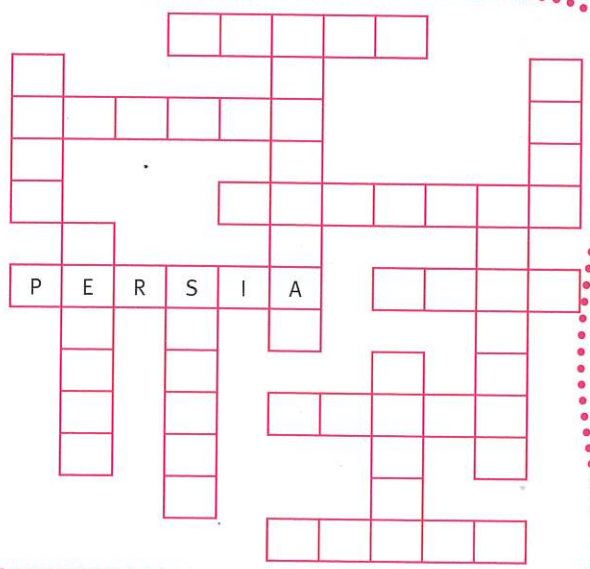
King Xerxes noticed how terribly sad his queen had become, and begged her to tell him why she was so upset. Esther said she would explain if he and Haman would come to a feast that she prepared the following evening. When the grand banquet was over King Xerxes asked once again. "My dear Esther, you promised to tell me the reason for your sorrow." Esther summoned all her courage in what might be her last act of **service**. She told the King about Haman's plan to kill all of the Jews, which would include herself. King Xerxes was furious at the prospect of losing his beloved and beautiful Esther and ordered Haman to be arrested.

And so it was that Esther's name will be forever be remembered for her willingness to risk everything in the **service** of her people.

Bible story based on Book of Esther

QUIZ
Word Fit

ESTHER
XERXES
HAMAN
MORDECAI
JEWS
PERSIA
CUNNING
FEAST
GATES
KING
QUEEN
SERVICE
SORROW
WISE





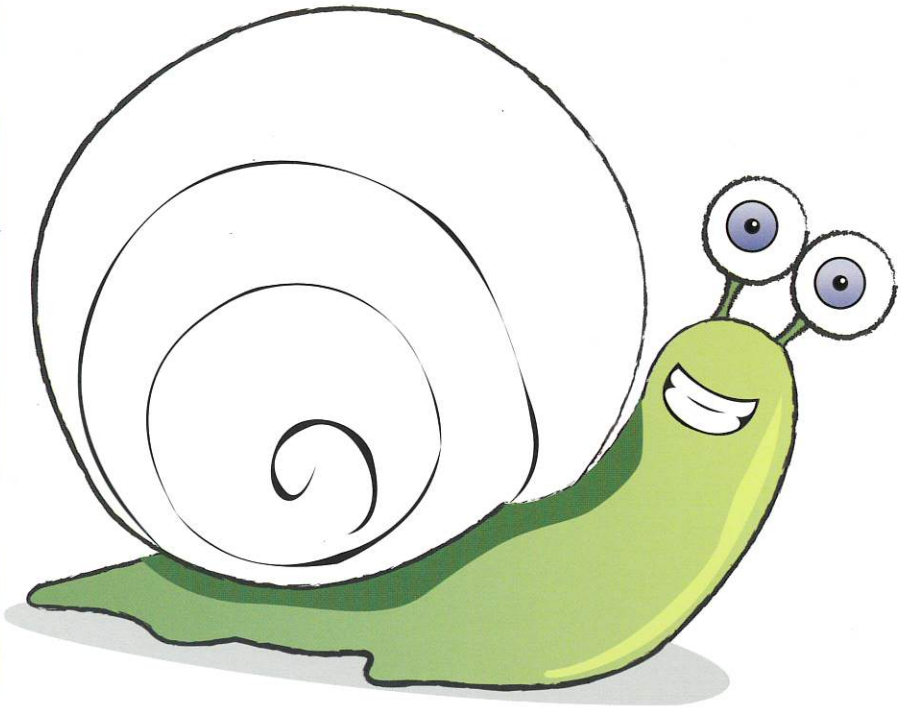
FAMILY FOCUS

Service with a smile

Complete a '**service** snail'.

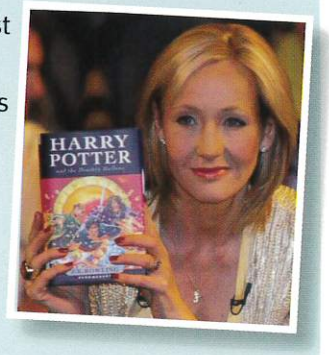
Living a life of **service** is about keeping your eyes open and looking out for ways to make others smile.

Draw a large smiley snail. Can you fill in the spirals on the snail's shell with ways in which as a family you serve each other in one week? When the snail shell is full take it to school to display in the Challenge Gallery.



HALL OF FAME

JK Rowling OBE



Joanne K Rowling is best known for writing the series of fictional novels about Harry Potter, stories which captured the imagination of children across the world. She was awarded the OBE for her "**services** to children's literature". JK Rowling wanted to use some of the money she had earned from her books to help orphaned children in Eastern Europe, she founded The Lumos Foundation and funded work to transform the lives of disadvantaged children living in huge, poorly funded orphanages. With her help beautiful, well equipped homes have been established, run by foster parents who love and care for young children.

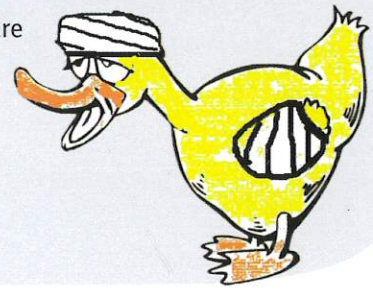
FASCINATING FACTS



OBE Award

The OBE, Officer of the Most Excellent Order of the British Empire, is an honour and medal awarded to people who have **served** their country or local community, often as volunteers.

- the first honours were awarded by George V in 1917 to people who had **served** their country in World War 1 but were not soldiers
- over 800 OBEs are now given each year
- OBEs are awarded for **service** such as:
  - o helping disabled children and their families
  - o working on nature conservation projects
  - o bringing relief to carers of very sick relatives
  - o protecting and caring for our country's important buildings
  - o providing animal welfare



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